

**Job title: Health and Wellbeing Support Worker**

**(Maternity Cover 12 months)**

**Responsible to: Head of Health and Wellbeing**

**Job Location: Beamish Museum**

**Team: Health and Wellbeing**

**Key internal relationships: Director-Collections & Programmes, Engagement Teams, Volunteer Coordinators.**

**Key External relationships: Local NHS Adult Mental Health Teams & Occupational Therapists, Regional Social Prescribing Link Workers and GP’s, Alzheimer’s Society and other community-based support organisations and groups.**

**Purpose of the role:**

We share stories about life in the North East through our first class collections and visitor engagement. Ensuring a fantastic, safe visitor experience is our number one priority and this is underpinned by excellence in customer care by always putting the visitor first.

Using principles of occupational therapy and person centred care, the Health & Wellbeing Support Worker will be actively involved with the preparation, delivery, evaluation and housekeeping essential to the day to day running of the Museum’s health and wellbeing activities

**About you**

* You will have an understanding of and commitment to Beamish and its core purpose/mission.
* Knowledge of Beamish’s collections and its approach to using collections within

the open air museum environment to support health and wellbeing

* A good understanding of dementia and other cognitive impairments
* An awareness and understanding of the core principles of occupational therapy and person-centred care
* An understanding of the relationship and potential benefits between the arts and health
* Training in Dementia Awareness, Mental Health awareness or equivalent
* Experience in supporting people and facilitating a wide range of activities with older people, people living with dementia and other cognitive impairments.
* Experience of working within the health or arts and culture sector to support health and wellbeing.
* An awareness and understanding of local and national health provision and commissioning services and networks
* Good ability to multi-task and manage time effectively to meet task deadlines
* Able to communicate effectively with members of the public and staff, volunteers and partners.
* Able to work with an attention to detail and a commitment to the highest possible quality standards.
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* Experience prioritising tasks, working flexibly and adapting to change
* ICT skills including use of e-mail; internet; MS Word, MS Excel.

**What you will do**.

* Act as an ambassador and advocate for Beamish Museum and help deliver Beamish’s Operational Plan.
* Work in collaboration with the other Health & Wellbeing Support Worker to use the museum’s collections, buildings and environments to facilitate a wide range of high quality creative and meaningful activities for audiences living with a range of health needs. Examples of audiences the team works with are: people living with dementia or other cognitive impairments, older people, people living with mental health issues and also care givers and families.
* Support the Head of Health and Wellbeing to maintain links with key stakeholders including regional NHS Trusts and teams, Social Prescribing Link Workers, other local charities and support groups, local authorities and academic institutions.
* Support the Head of Health & Wellbeing to co-ordinate and deliver ‘in house’ training to ensure volunteers and other staff members who support the team feel confident and skilled in delivering a high-quality service as part of the Health and Wellbeing Team.
* Implement creative and robust methods to evaluate activities to ensure the continual development and improvement of the health and wellbeing programme
* Work closely with teams throughout the Museum to support the inclusion of opportunities for older people and people living with dementia & other cognitive impairments within Museum activities, events and festivals.

* Support the Head of Health & Wellbeing to promote and advocate the use of the open air museum, heritage and creativity as spaces to support health and wellbeing, in particular for people living with dementia.
* Carry out essential housekeeping and cleaning duties to ensure that all hygiene and safety procedures involved in the day-to-day delivery of activities are adhered to.

**General responsibilities**

* Assist in the keeping of robust records systems to facilitate grant claims
* Assist in ensuring compliance with all standing orders, financial regulations, and audit management procedures.
* Work flexibly to respond to the needs of both the museum and community including, at times, some work outside of normal office hours.
* To carry out the duties of the post in accordance with the Museum’s Equal Opportunity Policy, Code of Conduct and Health and Safety legislation and regulations. This will include following and monitoring risk assessments for the health and wellbeing activities and adhering to control measures in place to reduce risk.
* Ensure adherence to quality systems and standard operating procedures which are in place to facilitate the safe, smooth and timely delivery of projects and activities.
* The Health & Wellbeing Support Worker will from time to time be expected to carry out a range of other duties commensurate with the grade and falling within the scope of the post as requested by management.
* Deliver project work and tasks within deadlines.