

LIFE FEELS GOOD HERE.

Occupational Therapy

on the Isle of Man



Occupational Therapist
in Cardiopulmonary Rehabilitation

Candidate Pack

ABOUT OUR SERVICE

HAZEL PORTER

Head of Occupational Therapy

Thank you for your interest in our Occupational Therapist in Cardiopulmonary Rehabilitation role.

My name is Hazel, and I'm the Head of the Occupational Therapy Service on the Isle of Man. I've been working here as an Occupational Therapist since relocating to the Island in 2003.

What was meant to be a temporary move soon became permanent, as I was drawn to stay by the many personal and professional benefits of life on this beautiful island. The Isle of Man is a wonderfully safe and welcoming place to raise a family, with countless opportunities to enjoy the outdoors — from walking in the plantations and cycling along the green lanes, to searching for sea glass on the beaches or taking a sea dip or kayak adventure if you're feeling brave. Being a small island, nothing is ever too far away, making everything easy to access and enjoy.

Working in Manx Care has given me the opportunity to develop my career, progressing from clinical practice into senior and managerial roles. Our Therapy Services are organised into teams based on service delivery and are multi-professional, fostering strong collaboration across therapy disciplines. We also work closely with our nursing and medical colleagues to achieve positive outcomes for patients across a wide range of care pathways.

As a Therapy Service, we place great importance on supporting our staff, investing in both their well-being and professional growth.



We encourage regular CPD and well-being activities, alongside social events within our teams and across the service. Locate Isle of Man also hosts events to help those new to the Island settle in and connect with others.

Living and working in this close-knit rural setting, we are all proud and committed to delivering high-quality therapy services. Our organisational values — **Committed & passionate, Accountable & reflective, Respectful & inclusive, and Excellent & innovative** — define who we are and guide everything we do.

In my role, I'm passionate about showcasing our Occupational Therapy Service, highlighting our skills in facilitating change and enhancing patients' quality of life and participation in everyday activities.

If you're curious about joining us as an Occupational Therapist on the Isle of Man and want to learn more, reach out to me at Hazel.Porter@gov.im and we can arrange a convenient time to chat.



ABOUT THE ROLE



Join our Cardiopulmonary Rehabilitation Service on the beautiful Isle of Man as a Band 6 Occupational Therapist and become an integral member of a supportive, specialist multi-disciplinary team. You'll work alongside colleagues in Occupational Therapy, Physiotherapy and wider healthcare teams to deliver person-centred, evidence-based care for patients with cardiac and respiratory conditions.

In this rewarding role, you'll independently manage a varied caseload, providing interventions that support patients' physical, psychological and social recovery following cardiac events or living with long-term respiratory conditions.

You'll deliver both individual and group-based therapy sessions, including stress and anxiety management, pacing, vocational rehabilitation and pulmonary rehabilitation, helping patients regain confidence, independence and wellbeing.

You'll also have the opportunity to contribute to service development, mentor junior staff and students and work closely with the Band 7 Occupational Therapist to enhance the delivery of the Cardiopulmonary Rehabilitation Service. This role offers a fulfilling balance of clinical practice, patient education and team collaboration within a welcoming and innovative environment.

Outside of work, the Isle of Man offers stunning scenery, fresh sea air and a friendly community, perfect for making the most of your downtime while enjoying a balanced and fulfilling career!

If you're a passionate, motivated Occupational Therapist with experience across core clinical areas and a keen interest in cardiopulmonary rehabilitation, we'd love to welcome you to our team.

Begin the next chapter of your career on the Isle of Man.

MEET OUR OTs ACROSS MANX CARE



GERALDINE BALUYUT

Specialist Cardiopulmonary Occupational Therapist

Geraldine moved to the Isle of Man in February 2025 to work as an Occupational Therapist. Hear from her below about what she loves most about her role and life on the Isle of Man.

“Working as an Occupational Therapist in the Cardiopulmonary Rehabilitation Team has been such a rewarding experience. I’ve learned so much about helping patients with long-term heart and lung conditions regain confidence and independence in their daily lives. I get to create personalised rehab plans, support self-management and run both group and 1:1 sessions on lifestyle changes and mental wellbeing. Working closely with physiotherapists and nurses means we can really make a difference and see patients thrive.

Life on the Isle of Man is amazing too! The scenery is gorgeous, the pace of life is slower and more relaxed and there are loads of outdoor activities to enjoy. It’s safe, family-friendly and the community is really welcoming. When I first moved, the support I got made settling in so much easier. If you can, I’d definitely recommend visiting the Island first as it really helps you get a feel for the lifestyle and community before making the move.

Overall, this role has helped me grow a lot, my leadership, communication and clinical skills have all improved, and it’s been so fulfilling to provide person-centred care as part of such a supportive, dynamic team.”

BRIAN KALULE

Children's Occupational Therapist

Could you introduce yourself and tell us how long you have been working in your current role?

I'm Brian, originally from Uganda, and I've been working in the Isle of Man as a Children's Occupational Therapist for the past six years.

How was your experience moving to the Isle of Man?

Applying for a Migrant Worker visa took me a considerably short period – about eight weeks from the interview date. The prospective employer was really supportive throughout this period.

Why would you recommend the Isle of Man to others looking to relocate?

The Isle of Man not only provides a safe and professional working environment but also offers an ideal setting to enjoy life beyond work. The modern social amenities, serene beaches and leisure points, rich flora and fauna all over the island add to this peaceful atmosphere. I would advise anyone yearning to move away from a bustling city, or looking for a place to raise a family, to consider moving to this beautiful island.

The Island is well connected with excellent social amenities including high speed internet, modern transport systems supported by timely local buses, regular flights and state-of-the-art ferries.



What's the best benefit you've received as part of your job?

So far, it's been a steep learning journey where I have gained invaluable experience, including prescribing and maintaining highly specialised therapeutic equipment. This is not an experience you can acquire from anywhere but from a visionary team of experienced professionals willing to guide you through every step.

Do you feel there is career progression for you on the Isle of Man?

Yes, the opportunities for career development are in abundance within the team, and among the entire service, as the ladder of progression is open to anyone willing to learn, innovate and challenge their own limits.

Tell us about your job – what do you enjoy most about it?

It has so far been an enriching and fulfilling professional journey, working within a supportive multi-professional team. I must say, settling in wasn't difficult, thanks to the welcoming environment, even though I moved here with little experience of similar Western settings.

CASSIE HAYWOOD

Occupational Therapist

How would you describe the Isle of Man to someone who has never been?

Beautiful, peaceful, calming and friendly.

How was your experience moving to the Isle of Man?

The work permit was straight forward as Manx Care dealt with this. My husband had to apply himself but again, it was a straight forward process.

What's the best part about living on the Isle of Man?

Being able to visit beautiful beaches, walk in the countryside and view the most amazing scenery.

What opportunities has living on the Isle of Man given you /your family?

We spend much more time together enjoying outdoor activities and regularly go to shows. My daughter can safely go out shopping on her own, and we've been able to buy a home in a community that's well connected to the rest of the Island, with great access to bus routes.

What is the team like that you work in?

Friendly, supportive, professional and motivated.

What does an average day in your role look like?

Meeting and supporting individuals in the community to achieve their identified goals, e.g. building confidence to be able to engage in the world outside of their own home, supporting engagement in voluntary and paid work, reducing anxiety to enable individuals to function in a balanced life.



What is the impact of your job on the Isle of Man?

I provide therapeutic intervention to individuals at some of the most vulnerable episodes of their lives, which in turn can reduce the demand for more acute services. On an island like this, helping individuals to thrive really does make a difference to the whole community.

What difference has living on the Isle of Man made to your work-life balance?

How do you spend your free time?

We spend much more time together and a lot more of that is engaged in outdoor activities. We will go to see a show together, enjoy eating out together. Our lives and relationships with each other are much more relaxed.

Why would you recommend the Isle of Man to others looking to relocate?

It is a beautiful place to live, as a family we have experienced a much more relaxed way of living.

Want to hear more from Cassie? Check out her relocation videos on our job advert!

A WORKPLACE THAT LOOKS AFTER YOU



✓ **Earn more at Band 6** with salaries that are higher than and separate to UK NHS pay bands. Unlike the UK, your pay will increase after 12 months

✓ **Extra rewards along the way** – receive a £1,000 payment in your 1st, 13th and 25th payslip as recognition for your commitment to Manx Care

✓ **More take-home pay** – benefit from the Isle of Man's 21% tax rate, a big difference compared to the UK's 40%

✓ **Support with your new home** – get cheaper accommodation for your first 6 months, followed by a housing allowance to help with rent or mortgage costs

✓ **Time to rest and recharge** with 27 days annual leave plus an additional 10 days for Isle of Man public holidays

✓ Don't be charged to park, **free car parking** at all our sites

✓ Enjoy peace of mind with a **generous pension package** ensuring your future financial well-being is looked after

✓ Comfortably relocate you, your things and your family with a **£7,000 relocation package**

✓ **Take time for life** – after 3 years, apply for an unpaid career break to travel, recharge or focus on personal goals

✓ **Explore on two wheels** – after your first year, access our salary sacrifice scheme to buy a bike or eBike and discover the island

✓ **Well-being matters** – enjoy exclusive access to mental health professionals, including free counselling and emotional support whenever you need it

✓ **Spend more time where you want to be** – with an average commute of just 20 minutes on the Island, you can forget about long queues and motorway traffic

A SPECIAL PLACE TO CALL HOME



The Isle of Man lies at the heart of the Irish Sea, between England and Ireland, and is easily accessible by sea and air, with more than 200 flights departing each week.

Renowned for its dramatic coastline, unspoilt beaches and diverse landscapes of glens and forests, the Island is a popular holiday destination as well as a great place to live. Measuring just 33 miles long and 13 miles wide, it is home to a close-knit population of around 80,000 people.

A self-governing nation with strong links to the UK, the Isle of Man offers excellent education, free healthcare similar to the NHS and a rich cultural identity.

The community is proud of its heritage and spirit, celebrated through year-round cultural and sporting festivals, including the world-famous TT Races and the Manx Telecom Parish Walk.

The Isle of Man is also the only whole nation in the world to be recognised as a UNESCO Biosphere, underlining its commitment to protecting its unique environment and way of life. With vibrant towns, welcoming communities and quick access to nature, it is a place where people can truly thrive.

To discover more about living and working here, visit www.locate.im.



About Manx Care

By joining Manx Care on the Isle of Man you'll be stepping away from NHS pressures and demands, as the Islands healthcare system is similar but separate to the UK NHS. We provide lots of opportunities for professional learning and CPD, this includes use of our well-resourced education and training centre. At many of our locations you'll have access to free on-site car parking. People who relocate here can also get a refund on their National Insurance contributions for the first year of living here. In addition, we offer generous relocation packages for most of our roles! On the Isle of Man you can benefit from great lifestyle opportunities, a safe environment and great schools. Manx residents benefit from lower tax rates compared to most countries in the EU.



manx care